

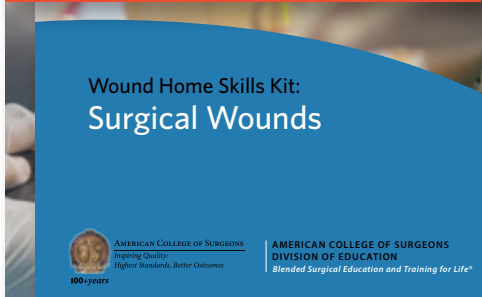


Wound Home Skills Kit: Lacerations & Abrasions



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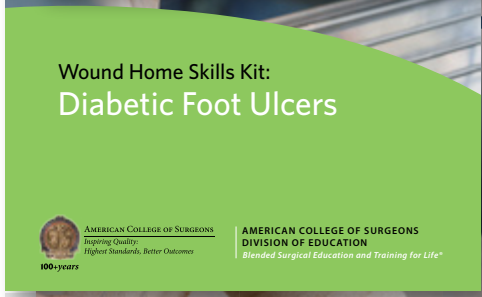


Wound Home Skills Kit: Surgical Wounds



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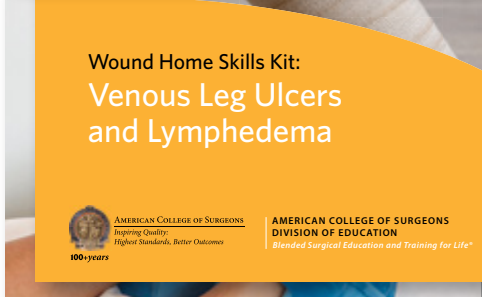


Wound Home Skills Kit: Diabetic Foot Ulcers



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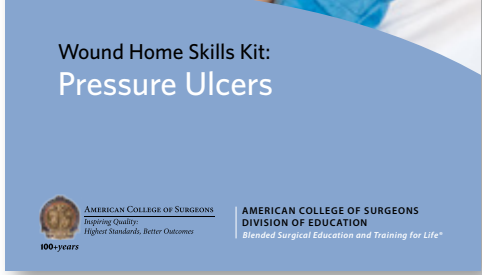


Wound Home Skills Kit: Venous Leg Ulcers and Lymphedema



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Wound Home Skills Kit: Pressure Ulcers



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*Give your patients and their caretakers
the opportunity to learn the skills they need
for optimal wound healing.*

Wound Management Home Skills Program

Effective home management and quality of life for the patient with acute and chronic wounds requires mastery of postprocedure care and knowledge of wound deterioration prevention, surveillance, and overall wound care skills. The American College of Surgeons (ACS) Wound Management Home Skills Kits are part of a structured teaching program that utilizes best practice instructions, online videos, and customizable discharge and patient wound care checklists to educate patients and their families on the skills needed for recovery and wound healing.

Developed in cooperation with these important associations:

- American Burn Association (ABA)
- ACS Advisory Council for General Surgery
- ACS Advisory Council for Pediatric Surgery
- American College of Wound Healing and Tissue Repair (ACWH)
- American Association for the Surgery of Trauma (AAST)
- American Society of Plastic Surgeons (ASPS)
- Association of periOperative Registered Nurses (AORN)
- Wound Healing Society (WHS)
- Wound, Ostomy and Continence Nurses Society™ (WOCN®)

What's Inside

Self-paced video and print formats will improve your patients' confidence and help them manage their own wound care at home.

Five wound-specific kits:

- Lacerations & Abrasions
- Surgical Wounds
- Diabetic Foot Ulcers
- Venous Leg Ulcers & Lymphedema
- Pressure Ulcers

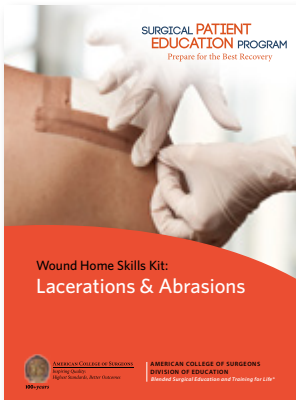
Each kit includes:

- Booklet (38-50 pages)
- Six online instruction videos
- Customizable discharge checklist
- Patient skills checklist
- Patient evaluation



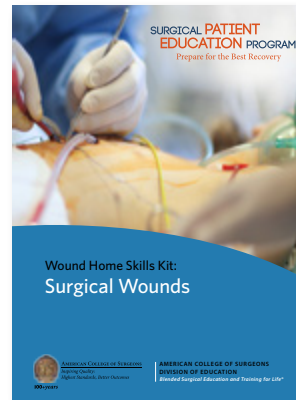
Five Wound Care Skills Kits Are Available

The comprehensive wound care program provides information on wounds, showing different stages of healing, dressing change steps, a listing of common medications, and symptoms and signs that indicate when patients need to seek help.



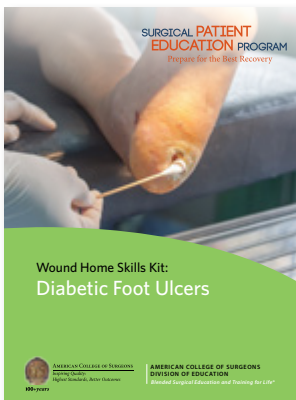
Abrasions & Lacerations

Includes skin tears, abrasions, animal bites and stab wounds, wound care and closures, dressing and bandaging, problem solving, and discharge plan.



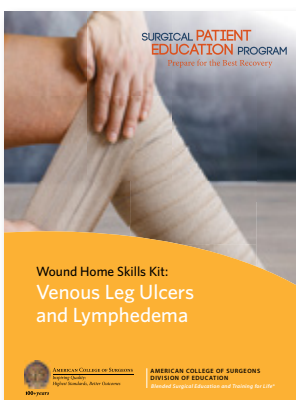
Surgical Wounds

Includes, wound care and closures, dressing and bandaging, surgical drains, and negative pressure wound therapy, problem solving, and discharge plan.



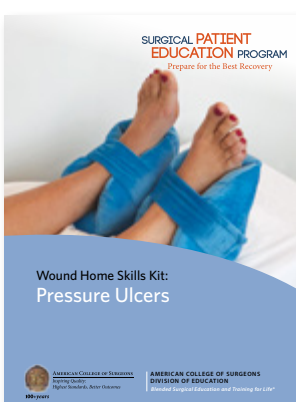
Diabetic Foot Ulcers

Includes identification and classification, treatment, wound care and prevention, dressing and bandaging, pain management, negative pressure wound therapy, and discharge plan.



Venous Leg Ulcers & Lymphedema

Includes identification, treatment, wound care and prevention, dressing and bandaging, pain management, compression therapy, and discharge plan.



Pressure Ulcers

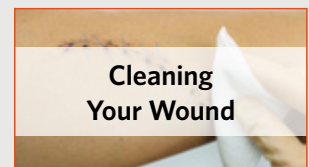
Includes identification and staging, treatment, wound care and prevention, dressing and bandaging, pain management, negative pressure wound therapy, and discharge plan.

Available Online!

The ACS supports **online patient access** to view the wound program booklets and videos. This program, along with all the Patient Education materials, is available on the ACS website and the National Library and collaboration association websites.



Lacerations & Abrasions



Cleaning Your Wound



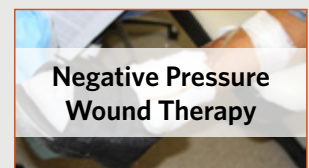
Packing Your Wound



Dressings and Bandaging



Caring for Your Surgical Drain



Negative Pressure Wound Therapy



Watch the accompanying skills videos online at facs.org/woundcare

Appropriate Users

Patients and Caregivers

Wound care complications and the lack of post-operative wound care education for patients are reasons for avoidable readmissions. Small studies have identified that **63% of patients who did not receive wound care information needed** to return to a health care facility after discharge due to a wound-related issue they were not equipped to handle.¹

Surgeons, Nurses, and Medical Professionals

Physicians and nurses report that their wound care training is limited to less than 10 hours of formal didactic education, despite the complexity of non-healing wound care.² The program supports all surgical professionals, medical centers, and home care services in meeting all Centers for Medicare & Medicaid Services (CMS) guidelines on written and verbal education to patients and their families on what to expect after discharge, along with an evaluation of the patient/caregiver's understanding.

Hospital Systems

Teaching patients how to safely manage their wound care at home with best practices can result in significant improvement in surgical outcomes and result in savings for hospitals and skilled facilities and while decreasing the use of ancillary services, follow-up calls, visits to providers, and readmissions. Professional training programs will teach learners standardized skills in the care and management of the broad spectrum of wound care using e-learning, video, checklists, and skill validation.

While families are the major providers of their home wound management, 38% of patients did not know how to change a dressing, more than half (58%) did not know the solution to use for cleansing the wound, and more than half were discharged with no specific wound care instruction.³

Professional Guidelines

- 1 Select the appropriate wound skill kit(s)
- 2 Review the most relevant chapters with your patient
- 3 Review and demonstrate the wound skills steps using the booklet, skills checklist, and discharge checklist
- 4 Show your patient how to locate and watch the skills videos on the ACS website at facs.org/woundcare
- 5 Locate the patient evaluation and encourage your patient to complete it and return to ACS

1. Osei-Anto A, Joshi M, Audet AM, et al. Health Care Leader Action Guide to Reduce Avoidable Readmissions. Health Research & Educational Trust website. January 2010. Available at www.hret.org/care/projects/resources/Readmission_Guide.pdf.

2. Patient Centered Outcomes in Wound Care: A White Paper. American College of Wound Healing and Tissue Repair and the Angiogenesis Foundation. 2013. Available at angio.org/wp-content/uploads/2013/10/Wound_Care_White_Paper.pdf.

3. Pieper B, Siegreen M, Nordstrom CK, et al. Discharge knowledge and concerns of patients going home with a wound. *J Wound Ostomy Continence Nurs.* 2007 May-Jun;34(3):245-53; quiz 254-5.

Best Practices and Better Outcomes

This is the only standardized wound care training program developed with multi-association consensus from wound care professionals.

Best outcomes are achieved when:

- ✓ A kit is provided at the pre-op visit and introduced by the surgical professional
- ✓ Patients read, view, and teach back using the checklists.
- ✓ The surgical professional completes the discharge checklist
- ✓ Evaluation data is returned

The patient evaluation collects data in a secured system:

Demographics: Age, gender, ethnicity, level of education, English as a first language, health literacy level, type of wound, healing, and the need for additional services

Skill performance: Patient's self-care confidence and satisfaction in wound management, length of stay, frequency of use of additional services (phone calls to health care providers, unscheduled visits), readmission, and overall problems.

How to Order

- 1 Visit facs.org/woundcare
- 2 Look for ordering information
- 3 Choose any kit(s) and order

PRICING

FACS Member Price:

Lacerations & Abrasions	\$5
Surgical Wounds	\$5
Diabetic Foot Ulcers	\$8
Pressure Ulcers	\$8
Venous Leg Ulcers & Lymphedema	\$8

Non-Members: Each Kit \$20

Hospital Broadcast Rights \$300

➔ **Coming soon!** *Professional Training Credentialed Wound Care Course*

The ACS Surgical Patient Education Program

The Surgical Patient Education Program empowers the public with the knowledge and training to help them make informed decisions and fully participate in all the aspects of their surgical care. All programs are developed based on best practices and implement sound evaluation criteria to ensure safe and cost-effective outcomes. Grant funding supports the availability, distribution and evaluation of the wound skills kit to health care professionals for use with their patients.

The Patient Education Committee and the Wound Skills Task Force appreciates the opportunity to support the thousands of patients and providers with quality, evidence-based educational materials shown to improve surgical patient outcomes. The Wound Management Home Skills Program is made possible in part by generous education grants from Smith and Nephew Corp., Ethicon, and Acelyty.

Other home skills programs offered by the ACS: *Feeding Tubes, Central Line, Ostomy, and Surgical Cancer Series: Your Lung Operation*

Questions?

Please contact **Amanda Bruggeman** in the ACS Division of Education, Surgical Patient Education at abbruggeman@facs.org or 312-202-5263

SURGICAL PATIENT EDUCATION COMMITTEE



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100+years

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