<table>
<thead>
<tr>
<th>Source</th>
<th>Guidelines</th>
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</table>
| Informed Consent Guidelines (ACS)\(^1\) (AMA)\(^2\) | Nature of illness and course of no treatment  
Operation description  
Estimated risks of mortality and morbidity  
Complications  
Benefits  
Expectation during and post hospitalization  
Alternative treatments including non-operative |
| Patients Bill of Rights\(^3\) | Promote Interactive Communication  
Encourage patient participation  
Increase likelihood that patients will follow the plan  
Maximize self care skills and pain management  
Inform patients about financial responsibilities |
| Guidelines for Ambulatory Surgery Patient and Family Education (JCAHO, 2005) \(^4\) | Pre-operative Education  
Procedure description  
Options  
Risks and benefits  
Pre and post operative instruction  
Anesthesia risk  
Cost  
Guidelines for Discharge Instruction  
Activity level  
Diet  
Follow-up care  
Medication  
Symptoms to call about |
| Planning Your Recovery, A Speak Up Safety Initiative* (JCAHO, 2005) \(^5\) | Condition Information  
• When you should feel better  
• Return to and special instructions for daily activities  
• Degree of assistance  
• Signs and symptoms to watch for  
• Home set-up  
• Professional person to call after leaving hospital  
Medication Information  
• Full list with written directions  
• Food or drink you should avoid  
• Side effects, including dizziness or confusion which could lead to falls or forgetfulness  
Follow-up care  
• Physical exercise  
• Wound care directions  
• Use of special equipment  
• Follow-up tests and visits and transportation  
• Insurance review to determine coverage  
• Home care services or assisted living |
| Patient Care Competencies \(^6\) ABMS / ACGME | Communicate effectively  
Counsel and educate  
Use information technology to support patient decisions and patient education |

\(^*\) Upon patient request, these guidelines must be provided in writing, in a language the patient can understand.
References


