The University of Utah General Surgery Residency Program has designed a rural health experience to better prepare residents for rural practice by enhancing their skill set in areas that are not usually part of the traditional general surgery residency program. This experience is a one-year program based at Ogden Regional Medical Center, north of Salt Lake City. It includes nontraditional rotations such as obstetrics-gynecology and orthopedic surgery. The program also includes a two-month experience at a rural hospital. This additional year substitutes for the laboratory year, which is a typical part of the general surgery residency. It also has a research component with residents expected to prepare a research paper during that year. For additional information about this program, please contact lori.bybee@hsc.utah.edu.