The New Membership Benefit:
Providing Self-Assessment CME for Members’ Maintenance of Certification

Clinical Congress
Chapter Best Practices Session
Maintenance of Certification

*Practical Tools for ACS Chapters*

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Disclosures

• Dr. Lafleur  Nothing to disclose

• Dr. Hawkins  Nothing to disclose

• Dr. Matayoshi  Nothing to disclose
American Board of Surgery

Maintenance of Certification Program

About MOC

- Maintenance of Certification goes beyond traditional recertification to a process of lifelong learning, assessment and improvement.
- ABS diplomates who certify or recertify in any specialty after July 1, 2005, must thereafter participate in MOC to maintain their certification.
- MOC is an evolving process—the requirements outlined below will be modified as new learning and assessment tools are developed.

ABS MOC Requirements

- MOC requirements run in three-year cycles (July 1-June 30). Diplomates begin MOC the July 1 following certification or recertification.
- After each cycle, diplomates complete an online form for Parts 1, 2 and 4. A secure examination (Part 3) is also required at 10-year intervals.

Key Points

- MOC consists of four parts
- MOC requirements run in three-year cycles
- MOC cycles run from July 1 to June 30
# MOC Requirements

<table>
<thead>
<tr>
<th>MOC PART</th>
<th>ABS REQUIREMENT</th>
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</table>
| **Part 1 – Professional Standing** | - A valid, full and unrestricted medical license (U.S. or Canada)  
- Hospital admitting and operating privileges in the specialty  
- Hospital references—name and contact information for the chief of surgery and chair of credentials at the institution where most work is performed  |
| **Part 2 – Lifelong Learning and Self-Assessment** | - Continuing medical education (CME)—a minimum of 90 hours of Category I CME to be completed over a three-year cycle  
- At least 60 of the 90 hours must include a self-assessment activity—a written question-and-answer exercise (paper or online) that assesses the surgeon’s understanding of the material presented during the CME program  
- A score of 75% or higher must be attained on the self-assessment exercise. There is no minimum number of questions and repeated attempts are allowed |

(Effective July 1, 2012. For current requirements, see [www.absurgery.org](http://www.absurgery.org))
## MOC Requirements

| Part 3 – Cognitive Expertise | Successful completion of a secure examination, which may first be taken three years prior to certificate expiration. All MOC requirements must be fulfilled up to this point to apply for the exam.  
For diplomates who hold more than one certificate, this is the only requirement that must be repeated for each specialty |
| Part 4 – Evaluation of Performance in Practice | Participation in a national, regional or local outcomes database or quality assessment program (NSQIP, SCIP, PQRS or the ACS case log system meets this requirement; see www.absurgery.org for others)  
Periodic communication skills assessment based on patient feedback is also planned, but is not yet finalized |
Overview of the CME Requirement

- MOC Part 2 requires the completion of 90 hours of Category I CME over a three-year MOC cycle.

- Category I CME activities are formal educational experiences accredited by the AMA or ACCME. These may include seminars, conferences, grand rounds, webinars, podcasts, skills courses and departmental scientific meetings.
- All CME must be relevant to the diplomat's practice, or if clinically inactive, to the broad discipline of surgery.
- CME courses completed to meet state licensing requirements and on topics such as ethics, patient safety, etc., are acceptable.
- Diplomates who hold multiple certificates do not have to repeat Part 2 for each certificate.
Self Assessment

- The ABS required that 30 of the 90 Category I CME hours completed over a three-year MOC cycle include a self-assessment activity. As of July 1, 2012, this increases to 60 hours.

- Self-assessment is a written or electronic question-and-answer exercise that assesses the surgeon's understanding of the material presented in the CME program.
- For diplomates who will be in the middle of an MOC cycle, the 60 hours will be prorated:
  - Diplomates who will complete their current cycle as of July 1, 2013, will have to do an additional 10 hours, for 40 total hours of self-assessment.
  - Diplomates who will complete their cycle as of July 1, 2014, will have to do an additional 20 hours, for 50 total hours of self-assessment.

American College of Surgeons
Inspiring Quality: Highest Standards, Better Outcomes
Self Assessment Tests

- In addition, as of July 1, 2012, diplomates must achieve a score of 75% or higher correct for the CME to count as self-assessment.

- The required minimum number of questions is four, and repeated attempts are allowed. Individual CME programs may require a higher score at their discretion.

- Many live events, such as grand rounds and conferences, require a post-test before Category I credit is awarded. Category I CME from journals, textbooks, and audio, video or web-based programs also usually contains self-assessment. *Audience response systems are also acceptable*; after July 1, 2012, they must provide an individual score for each attendee.
The “Fine Print” - Disclaimers

- Please note there is no ABS approval process for self-assessment activities. If the activity meets the criteria above, it will count toward MOC Part 2. **Hospitals, societies and other organizations should feel free to create their own programs.**

- Note to CME providers: The ABS MOC Program is an initiative of the American Board of Surgery. To avoid confusion, societies and other organizations should not use terms such as "My MOC" or "MOC credits." They may state that an activity provides Category I CME and self-assessment credits toward Part 2 of the ABS MOC Program.
ACS Division of Education

• PROCEDURES FOR SELF-ASSESSMENT (SA) CREDIT FOR MOC PART 2

• For CME activities that will include a self-assessment component, please attach the multiple choice questions that will be used. Please note the following requirements:

• A minimum of 4 questions per SA credit hour is required, 25% of which must be case based in order to measure competence. The questions should be formulated in the planning stages of the activity in order to cover all materials presented. **The questions must be submitted to ACS for approval.**

• Each question should have 4 possible answers. True-false responses, and responses that include “all of the above,” or “none of the above,” are not permitted.

• If the self-assessment activity exceeds 12.5 credit hours, a minimum of 50 questions is acceptable. Additional questions may be provided at the Chapter’s discretion.
SA post-tests must be completed a maximum of 10 days after the conclusion of the CME activity.

Learners must obtain a performance level of at least 75% on the SA post-test. If 75% is not achieved, the learner must have the option to re-take the post-test in order to receive SA credit.

The excel attendance list now contains an additional column for self-assessment credit earned. This is due within 30 days of the conclusion of the activity.

To report SA credit hours to the ACS (for the member’s MY CME database), Chapters should complete the CME attendance list, which includes the ACS member’s ID number, and the number of SA and non-SA CME credit hours.
**1. Is your chapter offering CME at your chapter meetings?**

<table>
<thead>
<tr>
<th></th>
<th>Response Percent</th>
<th>Response Count</th>
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<tbody>
<tr>
<td>Yes</td>
<td>92.3%</td>
<td>24</td>
</tr>
<tr>
<td>No</td>
<td>7.7%</td>
<td>2</td>
</tr>
</tbody>
</table>

**2. Is your chapter offering self-assessment (SA) CME that can be counted toward MOC requirements?**

<table>
<thead>
<tr>
<th></th>
<th>Response Percent</th>
<th>Response Count</th>
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</thead>
<tbody>
<tr>
<td>Yes</td>
<td>26.0%</td>
<td>7</td>
</tr>
<tr>
<td>No</td>
<td>73.1%</td>
<td>19</td>
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3. Is your chapter aware of the MOC requirements of the American Board of Surgery (ABS)?

<table>
<thead>
<tr>
<th>Response</th>
<th>Percent</th>
<th>Count</th>
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<tbody>
<tr>
<td>Yes</td>
<td>87.0%</td>
<td>20</td>
</tr>
<tr>
<td>No</td>
<td>13.0%</td>
<td>3</td>
</tr>
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</table>

Other (please specify) 5

4. Are your chapter members prepared to satisfy MOC requirements for ABS recertification?

<table>
<thead>
<tr>
<th>Response</th>
<th>Percent</th>
<th>Count</th>
</tr>
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<tbody>
<tr>
<td>Yes</td>
<td>56.3%</td>
<td>9</td>
</tr>
<tr>
<td>No</td>
<td>43.8%</td>
<td>7</td>
</tr>
</tbody>
</table>

Other (please specify) 13
5. Is your chapter aware of the process to follow so that the SA CME your chapter offers is eligible for MOC credits?

- Yes: 41.7% (10 responses)
- No: 58.3% (14 responses)

6. Would it be helpful to your chapter if the College created an ACS web portal where chapter executives could load the CME questions for the self-assessment?

- Yes: 90.9% (20 responses)
- No: 9.1% (2 responses)

Other (please specify): 7 responses
7. 7. What is the likelihood your chapter would utilize the resource to provide SA CME for MOC requirements?

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<thead>
<tr>
<th>Likelihood</th>
<th>Response Percent</th>
<th>Response Count</th>
</tr>
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<tbody>
<tr>
<td>Very likely</td>
<td>57.7%</td>
<td>15</td>
</tr>
<tr>
<td>Somewhat likely</td>
<td>15.4%</td>
<td>4</td>
</tr>
<tr>
<td>Maybe</td>
<td>15.4%</td>
<td>4</td>
</tr>
<tr>
<td>Uncertain</td>
<td>3.8%</td>
<td>1</td>
</tr>
<tr>
<td>No, my chapter will not provide SA CME for MOC</td>
<td>7.7%</td>
<td>2</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td></td>
<td>4</td>
</tr>
</tbody>
</table>
Chapter Examples – Survey Monkey

ME-NH Chapters ACS Joint Annual Meeting MOC Post Test

Maine Chapter, ACS [maine@mainefacs.org]
To: Maine@mainefacs.org

Thank you for attending the Maine and New Hampshire Chapters, ACS 2012 Joint Annual Meeting.

Please use the link below to answer the Maintenance of Certification (MOC) questions pertaining to presentations at the 2012 Joint Annual Meeting. To receive MOC credit you must answer 75% (3 of 4) questions correctly for each session. You may repeat the process if you do not receive the required 75%. The Chapter Executive Office will inform you by email if you passed or need to repeat.

Click here to begin.

Jennifer Starkey
Executive Director
Maine and New Hampshire Chapters, American College of Surgeons
Post Meeting Survey

ME & NH 2012 Joint Annual Meeting MOC Self Assessment

ME & NH Chapters 2012 Joint Annual Meeting Maintenance of Certification Self Assessment

The following are questions pertaining to presentations at the 2012 Joint Annual Meeting. To receive Maintenance of Certification credit you must answer 75% (3 of 4) questions correctly for each session. You may repeat the process if you do not receive the required 75%. The Chapter Executive Office will inform you by email if you passed or need to repeat.

1. Please enter your full name.

2. Please enter your email address

Next
1. Which feature below is considered an absolute contraindication to partial breast radiotherapy according to national guidelines?
   - a) Tumor size of 2.5 cm
   - b) Lymph node involvement
   - c) Hormone receptor negative tumors
   - d) DCIS histology

2. Currently there is no randomized data supporting the use of partial breast radiotherapy.
   - a) True
   - b) False

3. Which factor is considered a potential disadvantage of intraoperative radiotherapy?
   - a) Time to deliver treatment
   - b) Lack of final pathology at the time of treatment
   - c) Accurate delineation of the lumpectomy cavity
   - d) Inferior cosmetic outcome

4. What is the greatest advantage of the second and third generation partial breast brachytherapy treatment catheters?
   - a) Greater ease of insertion
   - b) Greater ease of removal
   - c) Improved ability to minimize dose to the overlying skin or chestwall
   - d) Ability to treat larger breast tumors
1. Which of the following CME Category 1 credit hours satisfies MOC Part 2 requirements of the American Board of Surgery?
   - a) 30 hours of credit each year
   - b) 30 hours of credit every 3 years
   - c) CME is not required
   - d) 15 hours of credit every year

2. Part 2 MOC credit must satisfy which of the following:
   - a) It must be sponsored by the American College of Surgeons
   - b) Only live activities qualify
   - c) It must be related to an individual's practice
   - d) State licensure required activities do not qualify

3. MOC Part 4 quality improvement activities must include:
   - a) A patient survey
   - b) Only CMS-recognized programs
   - c) NSQIP
   - d) Practice assessment, improvement activity, and re-assessment

4. What is the length of an ABS MOC cycle?
   - a) 1 year
   - b) 2 years
   - c) 3 years
   - d) 10 years
   - e) It varies for each state
Assessment Tools

- Learning and Assessment Tools – Immediate feedback and scoring
  
  http://www.proprofs.com/
  http://www.quia.com/web

![](Image)
Chapter Self Assessment

Question 1 / 4

Which of the following CME Category 1 credit hours satisfies MOC Part 2 requirements of the American Board of Surgery?

A. 30 hours of credit each year
B. 30 hours of credit every 3 years
C. CME is not required
D. 15 hours of credit every year

Next

Chapter Self Assessment

Question 1 / 4

Your Answer: Correct

Which of the following CME Category 1 credit hours satisfies MOC Part 2 requirements of the American Board of Surgery?

A. 30 hours of credit each year (Your Answer)
B. 30 hours of credit every 3 years
C. CME is not required
D. 15 hours of credit every year

Next Question »
Chapter Self Assessment

Question 2 / 4

Your Answer: Incorrect

Part 2 MOC credit must satisfy which of the following:

A. It must be sponsored by the American College of Surgeons
B. Only live activities qualify ❌ (Your Answer)
C. It must be related to an individual's practice ✔️ (Correct Answer)
D. State licensure required activities do not qualify
**Correct**

Q.1) Which of the following CME Category 1 credit hours satisfies MOC Part 2 requirements of the American Board of Surgery?

A. 30 hours of credit each year ✓ (Your Answer)
B. 30 hours of credit every 3 years
C. CME is not required
D. 15 hours of credit every year

**Incorrect**

Q.2) Part 2 MOC credit must satisfy which of the following:

A. It must be sponsored by the American College of Surgeons
B. Only live activities qualify ✓ (Your Answer)
C. It must be related to an individual's practice ✓ (Correct Answer)
D. State licensure required activities do not qualify

**Correct**

Q.3) MOC Part 4 quality improvement activities must include:

A. A patient survey
B. Only CMS-recognized programs
C. NSQIP
D. Practice assessment, improvement activity and re-assessment ✓ (Your Answer)

**Correct**

Q.4) What is the length of an ABS MOC cycle?

A. 1 year
B. 2 years
C. 3 years ✓ (Your Answer)
D. 10 years
Certificate Of Achievement

Joel

got a score of

75 out of 100

in quiz

Chapter Self Assessment

Date: August 28, 2012

Your Result

Result » Pass
Assessment Tools

- Audience Response Systems
  - http://www.turningtechnologies.com/
  - http://www.audienceresponse.com/

- Pre-test

- Post-test

- Audience Polling - Demonstration
Next Steps

- ACS Chapter Portal for MOC

So far, ACS Chapters will be on their own to administer the SA post tests.

The Div. of Education and the IT Dept. may begin working on an online SA post test database later this year, and when this new application becomes available, the Chapters may have access to it.
Further Information


- [http://www.facs.org/about/chapters/abs-moc-summary.pdf](http://www.facs.org/about/chapters/abs-moc-summary.pdf)

- [http://www.facs.org/about/chapters/cme.html](http://www.facs.org/about/chapters/cme.html)
  Self-Assessment Guidelines and CME Forms – the CME forms have been revised to reflect self-assessment credit, including the attendance certificate