

Blood Sugar Control Checklist

All Patients

Does the patient have a prior diagnosis of diabetes? ☐ Yes ☐ No

Is the patient's age greater than 45? ☐ Yes ☐ No

Is the patient's BMI greater than 30? ☐ Yes ☐ No

If YES to any of the questions:

- ☐ Check fasting blood sugar level on the morning of surgery prior to OR case
- ☐ If fasting blood glucose level > 200, then consider use of insulin drip during OR case

Diabetic Patients, Degree of Blood Sugar Control

Is the patient's Hemoglobin A1c level > 7.0%?

OR Has any glucose reading in the past two weeks been > 200? ☐ Yes ☐ No

If YES or UNKNOWN:

- ☐ Referral for diabetes management or primary care

If UNKNOWN:

- ☐ Referral to primary care for blood sugar evaluation

Diabetic Patients

Perioperative management: Will the patient be NPO after midnight? ☐ Yes ☐ No

Is the patient having a pre op bowel prep? ☐ Yes ☐ No

If YES, while NPO and during preparation for the OR, consider the following:

- ☐ Hold all diabetic medications except for pioglitazone (Actos)
- ☐ Reduce (Lantus) by 50 percent
- ☐ Check blood sugars frequently and use sliding scale as needed

Important Notice

These sample checklists are provided for informational purposes only and should NOT be used in the care of a patient outside of a comprehensive preoperative program such as Strong for Surgery. Patients should not rely on information on this checklist as an alternative to medical advice from a doctor or other professional health care provider. To find out how you can start using the Strong for Surgery checklist in your clinic, please contact us at qualityresources@facs.org.

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