

## Medication Checklist

### Bleeding Risks

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Is the patient on a prescribed anticoagulant (for example, Coumadin, Plavix, other)?

☐ Yes ☐ No

**If YES:** ☐ Discuss with prescribing MD the safety of stopping medication one week prior to surgery

Is the patient taking over-the-counter medications that increase bleeding risk (for example, NSAIDS)?

☐ Yes ☐ No

**If YES:** ☐ Consider stopping all over-the-counter medications that can increase risk of bleeding two weeks prior to surgery

### Beta-Blocker

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Is the patient taking a beta-blocker (for example, Metoprolol)?

☐ Yes ☐ No

**If YES:** ☐ Patient should take throughout perioperative period

### Aspirin

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Is the patient taking aspirin for cardiac protection?

☐ Yes ☐ No

**If YES:** ☐ Patient should take throughout perioperative period

### Herbal Medication

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Is the patient taking herbal supplements containing ingredients that may increase perioperative risk (for example, echinacea, garlic, ginkgo, ginseng, kava, saw palmetto, St. John's wort, valerian)?

☐ Yes ☐ No

**If YES:** ☐ Consider stopping all herbal supplements that increase perioperative risk two weeks prior to surgery

#### Important Notice

These sample checklists are provided for informational purposes only and should NOT be used in the care of a patient outside of a comprehensive preoperative program such as Strong for Surgery. Patients should not rely on information on this checklist as an alternative to medical advice from a doctor or other professional health care provider. To find out how you can start using the Strong for Surgery checklist in your clinic, please contact us at [qualityresources@facs.org](mailto:qualityresources@facs.org).

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