



BLEEDING RISKS

Is the patient on a prescribed anticoagulant (e.g., Coumadin, Plavix, other)? Yes No

If YES: Discuss with prescribing MD the safety of stopping medication one week prior to surgery

Is the patient taking over the counter medications that increase bleeding risk (e.g., NSAIDS)? Yes No

If YES: Consider stopping all over-the-counter medications that can increase risk of bleeding two weeks prior to surgery

BETA-BLOCKER

Is the patient taking a beta-blocker? Yes No

If YES: Patient should take throughout perioperative period

ASPIRIN

Is the patient taking aspirin for cardiac protection? Yes No

If YES: Patient should take throughout perioperative period

HERBAL MEDICATION

Is the patient taking herbal supplements containing ingredients that may increase perioperative risk (e.g., echinacea, garlic, ginkgo, ginseng, kava, saw palmetto, St. John's wort, valerian)? Yes No

If YES: Consider stopping all herbal supplements that increase perioperative risk two weeks prior to surgery

IMPORTANT NOTICE

These sample checklists are provided for informational purposes only and should NOT be used in the care of a patient outside of a comprehensive preoperative program such as Strong for Surgery. Patients should not rely on information on this checklist as an alternative to medical advice from a doctor or other professional healthcare provider. The logos on the checklists are registered trademarks of Strong for Surgery and SCOAP. To find out how you can start using the Strong for Surgery checklist in your clinic, please contact us at strongforsurgery@facs.org.

