

Surgeons Look for Balance in Prescribing Opioids for Pain

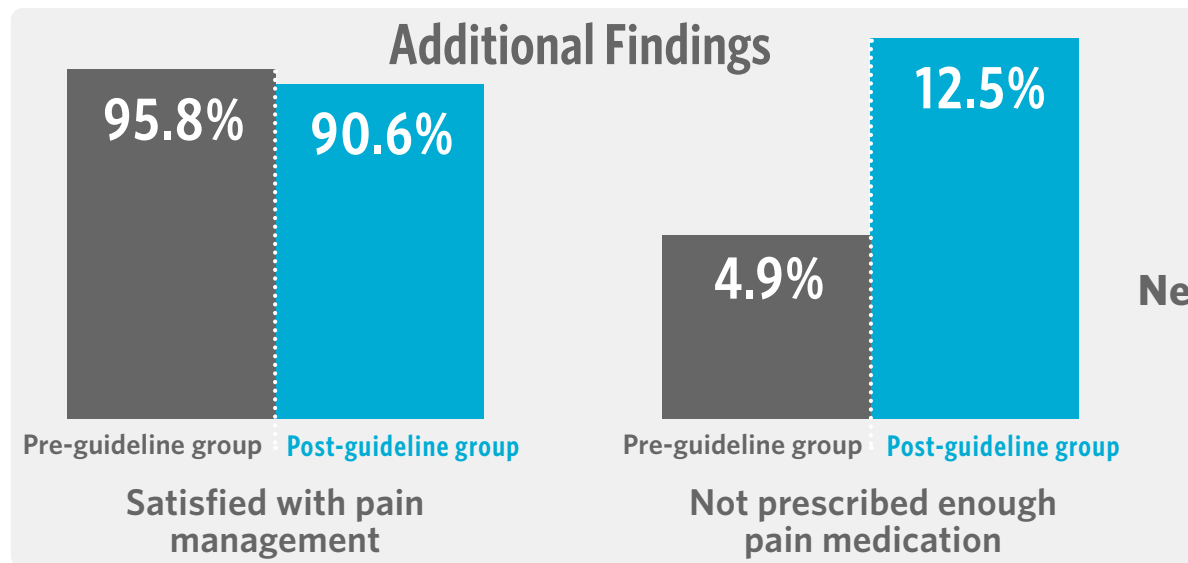


Patient telephone survey after hospital discharge for same type of elective operations

..... **603 patients** surveyed **before** guidelines took place

..... **138 patients** surveyed **after** opioid prescribing guidelines took place

Evidence-based opioid prescribing guidelines successfully reduced opioid prescribing by over 50% without increased refill rates



Next steps

- Identify patients at risk of poorly controlled pain
- Improve patient education
- Optimize opioid and non-opioid-based pain control

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Research from Memorial Sloan Kettering Cancer Center, New York, and Mayo Clinic, Rochester, MN
Thiels, CA, et. al. Finding the Balance between Reduced Opioid Prescribing and Patient-Reported Pain Management among General Surgery Patients. *Scientific Forum*. American College of Surgeons Clinical Congress 2020.

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