RAS Engagement for Chapters

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Chair, RAS-ACS
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A Little About Me…

...and How It Can Help You…

- Surgical Resident at UPENN x 8 years (3 research years)!
  - As a PGY2, became member of the RAS Education Committee *(I literally just called in one night...)*
  - Became the RAS Education Committee Vice Chair, then Chair *during my LAB years*
  - Asked by a Governor (*whom I met at either LAS or CC*) to sit on the Chapter Council as the RAS Rep (*1st one at Metro Philly!*)
    - As Chapter RAS Rep:
      - Attended meetings
      - Organized city-wide Surgical Jeopardy
      - Organized city-wide resident reps from all program
  - Elected onto RAS Executive Council
  - Currently, CRS Fellow at WashU in St. Louis
Metro Philadelphia Chapter
A Little About RAS...

Wednesdays
1-888-585-9008
Code: 549-242-585
What the RAS is Working On...

- Monthly newsletter
- August Bulletin
- 2 Essay contests
- Open liaison positions that rotate
- Medical student hangouts
- Resident hangouts
- International exchange scholarship opportunities
- Leadership scholarship opportunities
- Grand Rounds webinar series
- Surgical Jeopardy
- So You Think You Can Operate Skills Competition
- Podcasts
- Collaboration with Behind the Knife
- Participation in Multi-Institutional EMR Research

- SECOND Trial participation
- EPA participation
- Facebook and Twitter presence
- RAS-JACS Journal Club
- And more...
ACS Chapter RAS Representatives

**BENEFITS:**
- Connection to younger generations of trainees
- Foster leadership development
- College engagement at an earlier stage

**WHAT CAN THEY DO FOR YOU?**
- Provide a trainee opinion
- Provide a young/new attending opinion
- Serve as liaison to the “happenings” at the national RAS level
  - Opportunities abound!
- Provide fresh ideas for surgeon and trainee engagement
- Contribute to event planning/organization
- Social Media
- Bring together trainees at programs within a region
RAS REP PEARLS

- Appoint or elect a rep (Resident and/or an Associate)
  - Lab years are professional development years too! = Perfect time to get involved with the ACS
- Encourage their participation in a national RAS committee
- What do you need from them specifically at your Chapter?
  - Set some expectations and/or goals and make sure they are clear
  - Social events, social media, resident committee, etc.

- *Note: Program directors are incredibly important promotors of your efforts. Get them on your side to encourage resident participation!
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SUMMARY

- Every Chapter Council can and should have a trainee and/or associate on their Council
- Be thoughtful about that Rep
- Set expectations and/or attainable goals
- RAS-ACS is working on infrastructure to increase communication with all Council Reps
- RAS-ACS is working on expanding the Guidebook to be more specific about ways to engage residents/associates at the local level

Please contact me with questions:
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