

## NEW JERSEY STATE-MANDATED CME CONTENT REQUIREMENTS

### CME Requirements At-A-Glance

**Renewal cycle:** [Biennial \(p. 87\)](#)

**Minimum CMEs:** [100 CME every two-year renewal cycle – Minimum of 40 Category 1 \(p. 161\)](#)

**State-mandated CME content**

- [2 Category 1 CME in End of Life Care every two years](#)
- [1 Opioid Prescribing \(p.5\)](#)
- [One-time requirement: 6 Cultural Competency](#)

### State-Mandated CME Content Detail

Commencing with the biennial renewal period beginning on July 1, 2013, two of the 40 credits in Category I courses shall be in programs or topics related to end-of-life care.

Health care professionals who have the authority to prescribe opioid medications will be required to complete one continuing education credit on topics that include responsible prescribing practices, alternatives to opioids for managing and treating pain, and the risks and signs of opioid abuse, addiction, and diversion.

Licenseses must complete at least 6 hours of training in cultural competency in these six topics:

1. A context for the training, common definitions of cultural competence, race, ethnicity and culture and tools for self-assessment.
2. An appreciation for the traditions and beliefs of diverse patient populations, at multiple levels- as individuals, in families and as part of a larger community.
3. An understanding of the impact that stereotyping can have on medical decision making.
4. Strategies for recognizing patterns of health care disparities and eliminating factors influencing them.
5. Approaches to enhance cross-cultural skills, such as those relating to history-taking, problem solving and promoting patient compliance.
6. Techniques to deal with language barriers and other communication needs, including working with interpreters.



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<b>Accepted CME</b>	<a href="#">Accepted CME (found on p. 161)</a>
<b>State Statutes and Codes</b>	<a href="#">New Jersey Board of Medical Examiners – Continuing Medical Education (pp. 160-162)</a>  <a href="#">New Jersey Board of Medical Examiners Statutes and Regulations</a>
<b>State Medical Board</b>	<a href="#">New Jersey Board of Medical Examiners - Contact Information</a>
<b>Updated May 2019</b>	<i>State requirements are subject to change. Please contact <a href="mailto:emcallister@facs.org">emcallister@facs.org</a> or your state medical board if you have any questions or concerns about the content of this website.</i>

