

NORTHERN CALIFORNIA CHAPTER, INC.

AMERICAN COLLEGE OF SURGEONS

Saturday
May 7, 2005

CROWN PLAZA HOTEL
480 SUTTER STREET
SAN FRANCISCO, CALIFORNIA

NORTHERN CALIFORNIA CHAPTER, INC.
AMERICAN COLLEGE OF SURGEONS

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Committee on Local Arrangements

Mrs. Annette Bronstein, Executive Secretary
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Diana Costanzo
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ACCREDITATION

The American College of Surgeons is accredited by the Accreditation Council of Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

CME CREDIT

The American College of Surgeons designates this educational activity for a maximum of 4 Category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

SCHEDULE

7:00 - 8:00 GENERAL REGISTRATION - Exhibits, Lobby Area, Mezzanine Level
Coffee and Rolls, Mezzanine Level

8:00 - 10:00 PLENARY SESSION I - Union Square Room, Mezzanine Level

10:00 - 10:30 COFFEE BREAK - Lobby Area, Mezzanine Level

10:30 - 12:00 PLENARY SESSION II - Union Square Room, Mezzanine Level

12:15 - 2:00 LUNCHEON AND BUSINESS MEETING - Savoy Room, 30th Floor

2:00 ADJOURN

2:00 - 3:00 ANCILLARY SESSIONS
Northern California Committee on Trauma Meeting
Union Square Room, Mezzanine Level

Northern California Cancer Liaison Meeting
Union Square Room, Mezzanine Level

DIRECTIONS TO MEETING AREAS

REGISTRATION AREA:

The Crown Plaza Hotel is located at 480 Sutter Street. San Francisco, California.
Registration is located on the Mezzanine Level of hotel.

Mezzanine Level

Union Square Room

30th Floor

Savoy Room, Afternoon Session

SLIDE VIEWING ROOM

Mezzanine Level, near Union Square Room

OBJECTIVES/OUTCOMES:

This program is designed for the practicing surgeon. It is meant to provide an update in the various disciplines of surgery with application to daily practice, and to enhance the knowledge of the participants in these areas.

This meeting is open to all interested physicians. **PLEASE REGISTER IN ADVANCE. DEADLINE FOR PRE-REGISTRATION IS MAY 1, 2005**

REGISTRATION FEES:

Chapter Members/Associate Members/ in Good Standing - No Charge
Retired Chapter Members in Good Standing -No Charge
Non-Chapter Associate Members in Practice - \$60.00
Non-Chapter Retired Members - \$50.00
Non-Members - \$100.00
Surgical Residents - No Charge

Please make check payable to Northern California Chapter, ACS and mail to:

Mrs. Annette Bronstein
179 Canterbury Avenue
Daly City, CA 94015

PLENARY SESSION --Union Square Room, Mezzanine Level -ALL SECTIONS

Constantine A. Michas, M.D., FACS
President, Northern California Chapter, ACS
Program Co-Chairman

Hobart W. Harris, M.D., MPH, FACS
President-Elect, Northern California Chapter, ACS
Program Co-Chairman

Steven F. Webster, M.D., FACS
Secretary-Treasurer, Northern California Chapter, ACS
Program Co-Chairman

ADVANCES IN PERIOPERATIVE PATIENT MANAGEMENT

8:00 - 8:05 WELCOME-Constantine A. Michas, M.D., FACS, President
INTRODUCTION-Constantine A. Michas, M.D.,FACS

8:05 -8:20 PERIOPERATIVE RISK REDUCTION
Daniel M. Swangard, M.D.
Associate Clinical Professor
Department of Anesthesia and Perioperative Care
University of California, San Francisco

Objective: Describe and provide straight forward evidence based assessment tools and risk reduction methods for the perioperative patient with common medical comorbidities.

8:20 -8:35 THE ANTI-COAGULATED PATIENT
Steven R. Kayser, PharmD.
Professor of Clinical Pharmacy
Department of Clinical Pharmacy
University of California, San Francisco

Objective: .Review the perioperative management of anticoagulated patients

8:35-8:50 ADVANCES IN INTRA-OPERATIVE CARE
Sean Mackey, M.D., Ph.D.
Assistant Professor of Anesthesiology and Pain Medicine
Associate Director, Pain Medicine Division
Stanford University Medical Center, Stanford

Objective: Recognize the current understanding for the mechanisms of postoperative pain
Identify a contemporary post-operative pain management program
Understand the concept of "multimodal" as it applies to a post-operative pain management program.

**ADVANCES IN PERIOPERATIVE PATIENT MANAGEMENT
PLENARY SESSION --Union Square Room, Mezzanine Level -ALL SECTIONS**

8:50 -9:05 DVT AND DIETARY MANAGEMENT
Andrew A. Shelton, M.D.
Assistant Professor of Surgery
Stanford University Medical Center, Stanford

Objective: Understand risk stratification for thromboembolic events:and appropriate prophylaxis for patients undergoing colorectal surgery
Understand mechanisms of post-op ileus
Understand mechanisms and result of new pharmacologic agents

9:05 -9:30 PREVENTING POST OPERATIVE PAIN:
SOME NON OPIOID OPTIONS
Warren R. McKay, M.D.
Clinical Professor of Anesthesia
Department of Anesthesia
University of California, San Francisco

Objective: Use of Cox-2 inhibitors, ketamine and lidocaine infusions

9:30: -9:45 UPDATES IN PALLIATIVE CARE
Eva H. Chittenden, M.D.
Attending Physician, Inpatient Palliative Care Service
University of California, San Francisco

Objective: Define palliative care how it differs from hospice care
Understand role of palliative care in the inpatient setting, especially in relation to surgical patients

9:45 -10:00 Panel Discussion - Steven F. Webster, M.D., FACS, Moderator

10:00-10:30 BREAK

PLENARY SESSION II
Union Square Room A, Mezzanine Level

Hobart W. Harris, M.D., MPH, FACS, Program Chairman
President-Elect, Northern California Chapter, ACS

Sherry M. Wren, M.D., FACS, Co-Chairman
Associate Professor of Surgery, Stanford
Chief, Surgical Section, VA Medical Center, Palo Alto

THE BARIATRIC PATIENT

10:30-10:45 **IMPACT OF OBESITY ON MORBIDITY AND MORTALITY**
Bassem Safadi, M.D., FACS
Assistant Professor of Surgery
Stanford University Medical Center, Stanford
VA Medical Center, Palo Alto

Objective: Review of data linking obesity to early mortality
Review of data linking obesity to cardiovascular disease, diabetes and obstructive
sleep apnea

10:45-11:00 **LONG TERM OUTCOMES AND FOLLOW-UP AFTER**
BARIATRIC SURGERY
John Morton, M.D., MPH
Director, Bariatric Surgery
Assistant Professor of Surgery
Stanford University Medical Center, Stanford

Objective: Review appropriate follow up for bariatric patient
Describe best practices for bariatric patient

11:00-11:15 **MEDICAL MANAGEMENT OF OBESITY**
Robert B. Baron, M.D., MS
Professor of Medicine and Associate Dean for CME
Vice Chief, Division of General Internal Medicine
University of California, San Francisco

Objective: Describe current treatment and options including diets, exercise and drugs

11:15-11:30 **POST WEIGHT LOSS SURGERY: AESTHETIC CONSIDERATIONS**
Mary H. McGrath, M.D., MPH, FACS
Professor of Surgery
Division of Plastic Surgery
University of California, San Francisco

Objective: Show the deformity following bariatric surgery
Review the surgical procedures available to correct this
Analyze the surgical outcomes

11:30-12:00 Panel Discussion - Sherry Wren, M.D., FACS, Moderator

12:15 LUNCHEON -- Savoy Room, 30th Floor

AFTERNOON SESSION--Savoy Room, 30th Floor

- | | |
|--------------|---|
| 12:15 - 1:00 | LUNCHEON |
| 1:00-1:30 | AN UPDATE ON COLLEGE ACTIVITIES Thomas R. Russell, M.D., FACS Executive Director American College of Surgeons, Chicago |
| 1:30 - 2:00 | Business Meeting Constantine A. Michas, M.D., FACS President, Northern California Chapter |
| 2:00 | Adjournment |

Union Square Room, Mezzanine Level

2:00-3:00

Northern California Cancer Liaison Committee Meeting

Lisa Bailey, M.D., FACS
Chairman

Union Square Room, Mezzanine Level

Northern California Committee on Trauma

2:00-3:00

Business Meeting

Howard P. Taekman, M.D., FACS

Chairman

DISCLOSURE INFORMATION

| <u>Name</u> | <u>Nothing to Disclose</u> |
|----------------------------|-----------------------------------|
| Robert B. Baron, M.D. | x |
| Eva H. Chittenden, M.D. | x |
| Steven R. Kayser, Pharm.D. | x |
| Sean Mackey, M.D. | x |
| Warren McKay, M.D. | x |
| Mary H. McGrath, M.D. | x |
| John Morton, M.D. | x |
| Bassem Safadi, M.D. | x |
| Thomas R. Russell, M.D. | x |
| Andrew A. Shelton, M.D. | x |
| Dan Swangard, M.D. | x |
| | |
| Moderators | |
| Steven F. Webster, M.D. | x |
| Sherry M.Wren, M.D. | x |

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